Office of the Ombudsman

Empowered lives.
Resilient nations.

United Nations Entity for Gender Equality and the Empowerment of Women

Do you have a workplace concern? This free resource is for you!

01

What can you do?

Have a workplace concern, conflict, or dilemma?

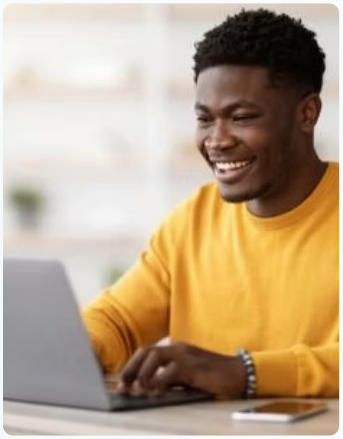
If you are unsure what to do or who to talk to, this service is for you.



02

You reach out

You contact the Office of the Ombudsman in an informal and confidential manner.



03

An ombudsperson is assigned

An ombudsperson is normally assigned within 48 hours of receiving your message.



04

We discuss options

The ombudsperson meets with you, listens carefully, asks questions, and helps you clarify your situation and explore your options.

05

Support moving forward

If you choose, the ombudsperson can support next steps, including through mediation, coaching, and other informal resolution options.

Visit our website:

www.fpombudsman.org

Contact us:

ombudsmediation@fpombudsman.org